



**Nestlé** Good food, Good life

Accra, April 18, 2024

### **Statement: Sugars in milks and cereals for infants and young children**

- Baby Food and Infant Formula are highly regulated categories.
- We apply the same nutrition, health, and wellness principles everywhere in the world which are aligned with both international and local guidelines and regulations. This includes compliance with labeling requirements and thresholds on carbohydrate content that encompasses sugars.
- Regarding cereals, there may be slight variations in recipes around the world.
- In Europe, Nestlé's range of cereals comes with and without added sugars.
- Like everywhere in the world, in Ghana, we do not add sugars (sucrose and glucose) to Infant Formulas for children aged 0-12 months.
- In Ghana, majority of our Growing Up Milks have no added sugars except NIDO 1+ which we add honey. By end of 2024, honey will be removed from NIDO 1+. Therefore, NIDO 1+ will be without any added sugars.
- Our milks and cereals for young children are fortified with vitamins and minerals such as iron to help tackle malnutrition in Central and West Africa.

For additional information, [click here](#)

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**For enquires:**

[Corporate.Affairs@gh.nestle.com](mailto:Corporate.Affairs@gh.nestle.com)

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